



Bear Facts



Princess Margaret Hospital Foundation Newsletter Winter 2007

Inside **TRISTAN'S** world

Hearing their child say 'Mum' for the first time is a special moment for any mother, but for Candice Goldsmith her memory of this time is extra special.

Candice's second child, two-year-old Tristan, has autism, a life-long developmental disability that affects how he understands what he sees, hears and senses.

Children with the disorder often seem trapped in a world of their own and have difficulty communicating and relating to others.

So when Tristan said 'Mum' for the first time, the gap between mother and son closed for just a moment.

"He woke up in the middle of the night and walked up the hall," Candice said.

"Normally his eyes are glazed over but this time they were sparkling...he came and crawled onto my lap, touched my face and said 'Mum'.

"It might not seem like a lot but when your child has autism you learn to appreciate those kinds of things so much more."

Ever since Tristan was born Candice suspected something was wrong and at five-months-old she took him to the local health nurse for assessment.

"I had to fill out a form with my concerns and I ticked every box," she said.

"At five-months-old most kids have good eye contact, are looking around, kicking and getting excited. Tristan just laid there not making a sound and if you picked him up he'd get angry."

After developmental delays were detected, Tristan was referred to Princess Margaret Hospital's State Child Development

Centre for assessment and treatment. The SCDC provides care for children with developmental concerns, and it was at the Centre that Tristan received speech treatment and physiotherapy.

One week before his second birthday, Tristan was officially diagnosed with childhood autistic disorder after meeting all ten criteria points that were applicable to him. These included:

- Not meeting an eye to eye gaze;
- Poor peer to peer relationships;
- Lack of social or emotional reciprocation;
- Lack of varied spontaneous make-believe play; and
- Persistent preoccupation with parts of objects.

In Tristan's case, the last point particularly related to his obsession with the wheels on toy trains and cars.

"He lies on the floor fixated on them," Candice said. "He also used to be obsessed with the dryer and would sit on the floor in front of it staring at the clothes going around and around."

It is unknown at this stage exactly what the future holds for Tristan, but Candice is hopeful he will do well. The family is currently using the DIR Floortime method which involves following Tristan's lead and tuning in to his interests. Candice describes it as "picking your moment to move into his world."

The method seems to be paying dividends and after just one month Tristan's attention span has increased



Parents Llewellyn and Candice Goldsmith with their three-year-old son Cadyrn (right) and two-year-old Tristan, who was recently diagnosed with autism.

from half a second to ten minutes.

"We don't know exactly what problems Tristan will have in the future but at the moment he makes every milestone amazing. He is doing really well and we just try not to look too far ahead."

Thanks to a \$300,000 donation by Woolworths, PMH Foundation is starting work on a new playground at the State Child Development Centre, to give children like Tristan a safe, fun and therapeutic environment to play in.

If you would like to make a donation to help us undertake other important projects at PMH, please fill out the donation form on the back page or visit www.pmhfoundation.com

Visit our new online SHOP!
www.pmhfoundation.com



Get your tickets now for **THE BIG QUIZ!**
Wednesday 20 June, 2007
www.pmhfoundation.com



PRINCESS MARGARET HOSPITAL
FOUNDATION

\$1.9 million rehabilitation centre for disabled kids

Children with disabilities will have easier access to treatment with the opening of a new \$1.9 million one-stop-shop rehabilitation centre at Princess Margaret Hospital.

The Children's Rehabilitation Centre will be used by children with conditions such as autism, brain injury, epilepsy, Downs' syndrome, spina bifida, and cerebral palsy.

The Centre has been largely funded by donations from PMH Foundation including \$600,000 from Variety Club, \$150,000 from Big W, \$400,000 from Woolworths and \$350,000 from community donations. The State Government also contributed \$400,000.

Approximately 700 Western Australian children with disabilities will be treated at the centre each month, and more than 1,100 outpatient appointments will also be provided.

Previously, children with disabilities and their families had to go to different parts of PMH for various rehabilitative treatments. Now services such as physiotherapy, occupational therapy, orthotics and paediatric

rehabilitation are located together in one easy to access customised building.

The centre provides:

- waiting areas which provide adequate space for children in wheelchairs;
- specialised bathroom facilities for older children with disabilities;
- corridors which are wide enough for wheelchairs;
- coordinated clinics and appointment times to reduce attendance at the hospital; and
- an area for support volunteers to work from.

A wheelchair training area has also been constructed outside the centre to provide an area for patients to practice using wheelchairs and crutches.

The area features different terrains and surfaces, and also provides other obstacles such as steps and even a car to practice getting in and out of vehicles.

The car was kindly donated by RAC Insurance.

PMH patient Sarah Throns and her mother Christine test out the new wheelchair training area that is part of the new \$1.9 million rehabilitation centre.



SIDESHOW rolls into Fremantle



On March 31, Fremantle Prison lit up as Little Creatures Brewing held its first ever Sideshow extravaganza, a wacky and unique event which raised over \$80,000 for PMH Foundation and the Fremantle Hospital Medical Research Foundation.

possible by the generosity of Little Creatures Brewing and the Western Australian public, and was proudly supported by Dimattina Coffee, Mondo Travel, Network Ten, Singapore Airlines, Snap Printing, 96fm and Fremantle Prison.

Three hundred guests attended the fundraiser, which featured sword swallows, bearded ladies, swing dancers, fortune tellers, drag queens and much more.

Of the 300 who attended, 30 bold revellers also tested their limits by sleeping overnight in the spine-chilling, eerie surrounds of the Prison. One lucky sleeper even took home the night's grand prize, a trip for two to South Africa.

The first ever Sideshow fundraiser was made



'Never a dull moment'

PMH would not be the world class hospital it is today without the dedication and commitment of the hundreds of staff who care for WA kids. We would like to introduce you to just one of these special people today.

Jay Krishnaswamy
Head of Department - Audiology

How long have you worked at PMH?
Over 14 years.

What does a typical day at work involve?
The action here is so dynamic that every day is different. However, typically my day involves participating in clinical activity, which varies from diagnostics to rehabilitation (cochlear implant), supervising and training students and junior staff, attending to cochlear implantee's needs and liaising with external agencies. Of course there is also the day to day administration to ensure we maintain efficient services. With all this excitement there is never a dull moment!

What are the biggest challenges you face?
There are many challenges. The children we see in audiology are so varied in their age, needs and complexity (we are a

referral point in the State for all complex cases), that there is a very challenging aspect to the diagnosis and management of these children and the families.

What do you love the most about your job?
The variety of services we provide and the support we receive to be able to do our jobs. Plus the challenges and satisfaction of being able to manage children along with such a fantastic and enthusiastic team at PMH.

What has been your most memorable moment at PMH?
There are so many.... commencing the cochlear implant program, the beginning of the Newborn Hearing Screening program, and above all the satisfaction of seeing a positive outcome in the children we manage.

What's the biggest lesson you have learned about children during your time at the hospital?



Three-year-old audiology patient Sophie has her hearing tested by Jay Krishnaswamy, who has worked as an audiologist at PMH for over 14 years.

No matter how they differ in size, age, gender or temperament, no matter what variation there is in skill or ability, children have similar needs for love, respect, care and attention.

LOOK WHAT'S COMING UP SOON!



Proceeds to Princess Margaret Hospital & Rotary projects

Help us break another WORLD RECORD!

Join over one thousand trivia buffs at the Perth Convention Exhibition Centre on Wednesday 20 June and help us break the world record for the largest quiz ever held in one location.

In 2006, the Big Quiz set the record with 1237 people and we hope to break it again this year, and hand out some great prizes along the way.

Tickets are \$40 per person (*tables of ten only*) and include two bottles of Juniper Crossing wine, a six pack of Gage Roads beer, woodfired pizza, flatbread and dips for the table. A cash bar will also be available.

To book your table of ten, please call PMH Foundation on 9489 1100 or book online at www.pmhfoundation.com

CelebriArt is back in 2007



Join us as some of our best known celebrities reveal their creativity on canvas for CelebriArt 2007, a unique art event for Princess Margaret Hospital.

CelebriArt will be held on Friday 27 July at the Hyatt Regency Perth and will see around 30 celebrity artworks auctioned off at a black-tie gala dinner filled with glitz and glamour.

In 2006, CelebriArt raised over \$100,000 thanks to the talents of Billy Connolly, Dr Fiona Wood, Rove McManus, Chris Connolly, Ernie Dingo and many others.

Tickets for this year's event are \$175 per person and will help fund an Ultrasound Machine for use by Anaesthetists to perform nerve blocks at Princess Margaret Hospital.

For more information or to register your interest, please phone Lauren on 9489 1100 or email lauren.shepherd@pmhfoundation.com
Tickets can also be purchased online at www.pmhfoundation.com

STITCHES' SNAPSHOTS



Twilight donation

A Scotch College twilight cruise fundraiser onboard the award-winning luxury cruiser True North raised \$4,500 for PMH Foundation. The cruise sailed along the coast taking in the lights of Cottesloe, Fremantle and Rockingham and was attended by over 60 guests including Scotch bagpiper Hugh Miles, House Captain Dan Sklarz and House Head Clive Haese (pictured here).



Easter surprise for babies

Bakers Delight stores from around Western Australia had their most successful Hot Cross Bun Day ever this year, raising over \$22,000 to help the babies at Princess Margaret Hospital. One dollar from every six-pack of buns sold on the day will fund equipment for the West Australian Neonatal Transport Service.



Recycling champions

Members of the Waste Minimisation Team from Worsley Alumina ventured to Perth earlier this year to see first-hand the benefits their Ruggies Recycling donations have made. Last year the group raised over \$50,000 and funded a heating and cooling machine for the Intensive Care Unit (pictured here).



Stitches' comrade

Stitches met his match at the Megazone recently when members of the Flying Tzars Russian Dance Troup and their mascot put on a special performance for patients, staff and families. Stitches tried out a few of his own dance moves too, much to the delight of the crowd.



Well wishes

Brendan Fitzgerald from Vanguard Solutions presents a cheque for over \$1,000 to Jeanette Shorto from PMH Foundation. The Engineering Consultancy sent out Christmas cards to friends and clients and donated the cost of each card to Princess Margaret Hospital.



Greek gifts

Members of the Mytilenean Brotherhood of Western Australia, Stan Hatgivasiliou, Peter Pantazis and Michael Fotinos (L-R) presented a cheque for \$3,000 to PMH Foundation. The Brotherhood is a non-profit organisation dedicated to the promotion of Hellenism and Mytilenean traditions.

Eagles fans lend a hand to PMH

Thousands of West Coast Eagles fans cheered their team to victory against Carlton on April 22 with the help of our limited edition PMH/Eagles hand clappers.

The specially designed clappers feature two handprints, one representing a West Coast Eagles player and the other a PMH patient.



As a charity partner of the Eagles, PMH Foundation volunteers sold the clappers and collected gold coin donations at the Round 4 clash, raising over \$17,000.

All the money donated by generous Eagles fans will be used to fund vital equipment and services for the hospital.

If you would like to purchase one of these special clappers for only \$5, please call PMH Foundation on 9489 1100.



PMH gets all dressed up

Princess Margaret Hospital Foundation's annual Dollar Dress Day at PMH took place recently with staff, patients and families getting out of their scrubs, suits and pyjamas and into some wild and crazy creations.

that joins in the fun of Dollar Dress Day - schools and businesses across WA also "dress up, dress down and dress differently" to raise money for WA's sick children. They can nominate any day of the year to participate.

The fundraiser, which began in 1996, has become an institution in the hospital with wards and departments battling it out for the honour of Dollar Dress Day Champions!

Since the event started over ten years ago, over \$240,000 has been raised for PMH Foundation. If you would like to register to take part email lesley.hooper@pmhfoundation.com or phone 9489 1100.

This year's themes included *Disco*, *Princesses & Fairies* and *India*, and a huge effort was made by all involved.

The oncology department took out the crown with *Scaries & Fairies* after spending days draping the ward in black plastic, complete with ghouls, mummies and even the Addams family wandering the cobweb infested halls.

In second place was the neonatal unit's *Disco* theme, where afros abounded and mirror balls transformed the ward into Studio 54. In third place was the intensive care unit's *Underwater World*.

However, it's not just PMH



Oncology patient Ryan Morich and his parents get all "ghoulish" on Dollar Dress Day.



Don't forget to Wear A Bear

On Friday 25 May, our annual Wear A Bear Day Appeal hits the streets of WA.

You can lend your support to the campaign by purchasing \$2 Stitches Bears at participating outlets including National Australia Bank, Gull, Progressive Supa IGA and Chicken Treat. Plus, look out for our volunteers selling the bears in the City and shopping centres on May 25.

Proceeds from this year's Appeal will help fund vital audiology screening and diagnostic equipment that can detect hearing loss in newborn babies, infants, and children with severe disabilities.

Last year Wear A Bear Day raised over \$75,000 for the hospital. This year, with your help, we hope to cross the \$100,000 mark. So wear a bear and show you care!

THANK YOU

The following organisations have donated more than \$250 since the last edition of Bear Facts

Alan Moyle & Co Alocit Amcors Beverage Cans Amcors Recycling WA Ardeal Pty Ltd Aspire Associates R.U.F.C Australian Charities Fund Australian Liquor Stores Association B Elwin & Co Ballajura Community College Barbagallo Alfa Romeo BCSI Holdings Pty Ltd Beaufort River Meats Pty Ltd Bell Potter Blair Park Pty Ltd Boddington Goldmine Boom Logistics	Bradly First National Real Estate Butlers Barrister & Solicitors BHP Billiton CAF - Australia Cal Energy Gas Australia Cargill Ross Chemist Casavilla Fine Upholstery Christmas Island Airport Stall Christmas Trees of Wanneroo City of Bayswater City of Joondalup Coca-Cola Amatil (Aust) Pty Ltd Cockburn Sheet Metal Corporate Sports Australia Corrocoat Engineering (Aust) PL CSIRO Curtin University of Technology Ecovim Pty Ltd Ernst & Young	Execom Personnel Exmouth Jumble Charity Group Farmer Jacks FESA of WA G Harwood Heart Kids WA Inc IBM DDDD International Buddhist Association Joondalup Licence Centre - Social Club Kalgoorlie Diamonds Kelmscott Smash Repairs Kimberley Diamond Company NL Lions Club of Dongara-Denison Little Athletics - WA Little Folk Inc Livestock Transporters Association of WA Lyndi J Australia	MacMahon Contractors Maida Vale Primary School Mai Atwell Leisure Group Mandurah Murray Mayday Club Mark Hay Realty Group Mercedes College Milano's Hair Lounge Modern Rock Dance Company Moses Drilling Co Myer Community Fund Mytilinian Brotherhood of WA Orthotic Computer Technology Ocean Keys Shopping Centre Office of Racing, Gaming & Liquor Pioneer Credit Management Servicers PMH - Departments Premier Migration Services Primestone Architectural Paving	Professional Business Equipment Realty Executives - Keith Howes & Associates Roy Weston - Bassendean Royal Children's Hospital Foundation Scotch College Security Transfer Registrars Pty Ltd Shannons Sharon Biddle School of Dance Sinewave Electrical Slovak Association of WA South West Machining Centre Straits Resources Ltd Supa Valu - Rivervale Tamarind Thai Restaurant The Australian & NZ Institute of Insurance & Finance The C G I Logistics Foundation	The Carcione Group Thiess Services Pty Ltd United Way (WA) V & V Walsh (WA) Pty Ltd Vanguard Solutions Video Ezy - Kalamunda WA Croation Association WA Police - Curtin House WA Police - Headquarters WA Police Health & Welfare West Cape Howe Winery Western Eagles Football Club Western Concrete Contractors WestNet Pty Ltd Westpac Banking Corporation Woodside Energy Ltd Worley Parsons Services Pty Ltd
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The following individuals/families have donated more than \$250 since the last edition of Bear Facts

Troy Angelini Chris & Margaret Arnold Christine Bailey Mike & Deirdre Best Joan Blewett Sheila Bowler Marianne Brockwell John & Mary Cadman Claire Chapman Graeme Clatworthy Christopher Collins	Denis Cornell Margaret Dawbarn Andrea Dowling Charles & Thelma Fletcher L A Gethin Joyce Girdlestone W H Green Deborah Grossage Reg Hatton Felicity Haynes-Tingrih Roland Horner	Rhondalee Hornsby A Howell E Howell R D Hughes Andrew Ion Susie Jackson Walter Johnson Angus King J J & H M Kingdom Clifford Kyle H Landsman	Stephen Lauder Brian & Jean Lee Jocelyn Lee George Livanos J Livingstone Todd Martin Andrew McKenzie Veronica McLoughlin Michael Moore Marjorie Murdoch Paramjit Nagra	Barrie & Sally Oldfield Lyndell Olivier Lisa Parkin Stephen & Phyllis Pattinson Alf Pelliccione Anthony & Milvia Poli Terence Prindville David Quan Lisa Reeson Quenton Seed Alan Senior	Charles Spence Colin Spencer Bruce Starling J Stinton Brett Sunderland Sunny Tan Tom & Trudy Te Rito James Upton Sylvie Warren David White
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The following Estates and Trusts have been received since the last edition of Bear Facts

Trust of Elizabeth Ann Bothwell

Estate of Zylvain Stanley Jemielita

Estate of Lilian Norton

Estate of Lesley Wilkes

\$540,000 for WA's sick kids

Thanks to your generous support, PMH Foundation provided the hospital with \$540,000 worth of grants in the first quarter of 2007, to help improve the lives of so many children. Here are just a few of the grants presented.



SCHOLARSHIPS & SPONSORSHIPS	\$165,000
RESEARCH GRANTS	\$105,000
CAPITAL WORKS	\$12,000
MEDICAL EQUIPMENT	\$238,600
<i>Including:</i>	
Two Diagnostic Cameras & Analysers - Ophthalmology	\$100,000
Bladder Scanner - Enuresis	\$25,271
Sleep Studies Equipment - Respiratory Medicine	\$19,250
Newborn Hearing Screener - Audiology	\$16,539
CoAg Timer - Open Heart Theatre	\$11,300
Graphics Computer - Medical Illustrations	\$5,513
Electronic Tube - Ward 5B	\$3,204
Software - Dietetics	\$2,650
Assorted Toys - Physiotherapy	\$2,599
Infusion Pump - WA Neonatal Transport Service	\$2,000
Proficiency Motor Test - Occupational Therapy	\$1,773
DVD Player - Ward 6A	\$120

ENTERTAINMENT BOOK 2007/08

Worth its weight in Gold!

Purchase your new 2007/2008 Entertainment Book now!

Selling for \$60, part proceeds will help fund vital medical equipment for the children of Western Australia.

To order your copy contact PMH Foundation on 9489 1100 or visit www.pmhfoundation.com to download an order form.

HOW CAN I SUPPORT PMH FOUNDATION?

MAKE A DONATION See donation form below.

VOLUNTEER If you have any spare hours in your week, contact us to find out how you can help.

EVENTS Come along to our events and help us continue our vital work.

MERCHANDISE From Stitches Bears to wristbands, go shopping online to show your support!

WILLS & BEQUESTS You can save the lives of a new generation through your Will.

CORPORATE PROGRAMS Your company can help update vital hospital areas and equipment, fund crucial medical research or sponsor expertise.

COMMUNITY PROGRAMS Schools, sporting organisations and clubs play an important role in helping PMH Foundation.

For more information about supporting PMH please visit www.pmhfoundation.com

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Bear Facts is published by **Princess Margaret Hospital Foundation Inc.** EDITOR Rebecca Brown GRAPHICS Peter Roberts



YES, I WOULD LIKE TO DONATE TO THE KIDS AT PMH!

You can make your donation by:

- Visiting www.pmhfoundation.com
- Phoning (08) 9489 1100
- Faxing this completed form to (08) 9489 1199
- Mailing this completed form to:
PMH Foundation GPO Box D184, PERTH WA 6840

I would like to make a donation today of:

\$30 \$60 \$150 \$250 or \$

Please debit my

Card Number

Card Holder's Name

Signature Exp. Date

Phone ()

OR I enclose my cheque/money order (payable to PMH Foundation) *No staples please!*

OR I would like to make an ongoing credit card donation of \$

every: Month 3 Months 6 Months 12 Months

Please email me information about upcoming events to:

Donations over \$2 are tax deductible & a receipt will be issued. Please send your donation today! I would prefer not to receive any further information from PMH Foundation

Please pass this Bear Facts on to family & friends, and don't forget to visit our new website at www.pmhfoundation.com